

# Michigan Prepares for Transition:

## Assessing for Compliance with the CMS Home and Community Based Services Rule

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### Background

The State of Michigan operates the Managed Specialty Supports and Services Waiver (MSS&S) which provides home and community based supports to approximately 14,500 Medicaid beneficiaries. The MSS&S Waiver is operated under an agreement with the Centers for Medicare and Medicaid Services (CMS) and is authorized under the §1915(b) of the Social Security Act. In January 2014, CMS published the Home and Community Based Services (HCBS) ruling. As a result, Michigan must transition to be compliant with the rule changes on or before March 17, 2022. The Michigan Department of Health and Human Services contracted with the Michigan Developmental Disabilities Institute (MI-DDI) to assess compliance with the HCBS ruling among the MSS&S Waiver recipients and their providers and to provide technical assistance to the 10 Pre-Paid Inpatient Health Plans (PIHP) that deliver behavioral health and developmental disabilities services throughout Michigan.

### Objectives

1. Design and conduct a HCBS Leads training course and provide technical assistance to HCBS Leads.
2. To determine MSS&S beneficiary perceptions of their providers' compliance with the HCBS ruling.
3. To determine MSS&S providers' perceptions of their compliance with the HCBS ruling; and
4. To compare and contrast beneficiary and provider survey responses.

### Methods

MI-DDI developed two survey instruments to reflect the various components of the HCBS rule. MI-DDI field tested the draft instrument with individuals who receive MSS&S HCBS services. The field test helped assess the completeness of the questions, the readability and clarity of the survey questions and the ease of survey completion by the participant. The two survey instruments were administered via Qualtrics, a web-based survey system, that allowed for online distribution and data collection.

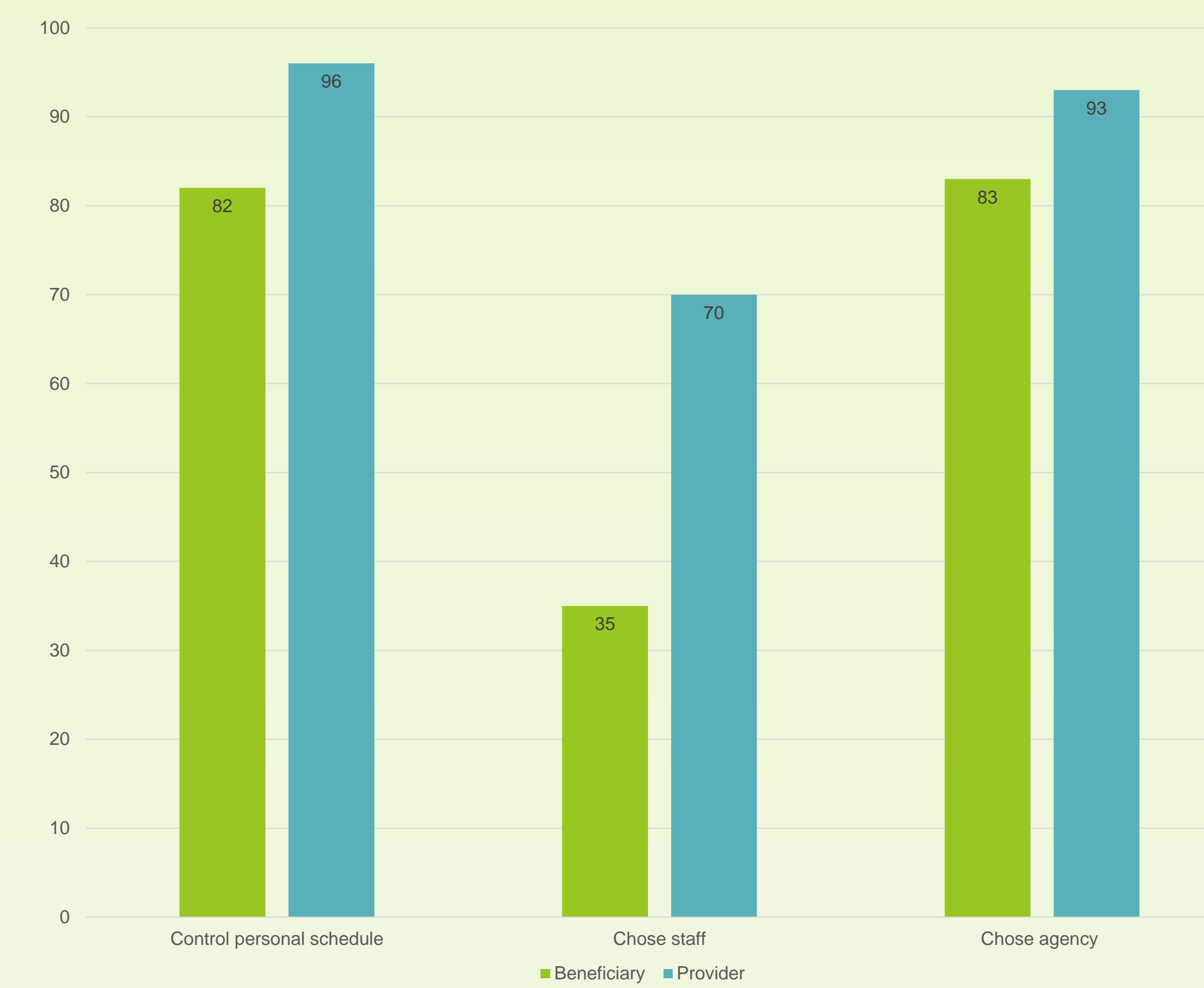
### Measures

In total, 7,611 complete surveys were received, for a statewide response rate of 62%. A survey was considered complete when the beneficiary and the associated provider surveys were received. Four thousand one hundred and forty participant/beneficiaries (n=4,140) received Skill Building, (n=1,447) received Supported Employment, and (n=3,032) received Community Living Supports. Eighty-six percent of the beneficiary sample (86%) indicated that they received assistance to complete the survey, most from their supports coordinator or case manager. To facilitate interpretation of the findings, beneficiary and provider responses were aggregated into five survey domains (Community Integration; Rights; Personal Privacy; Choice/Control; and Freedom of Access).

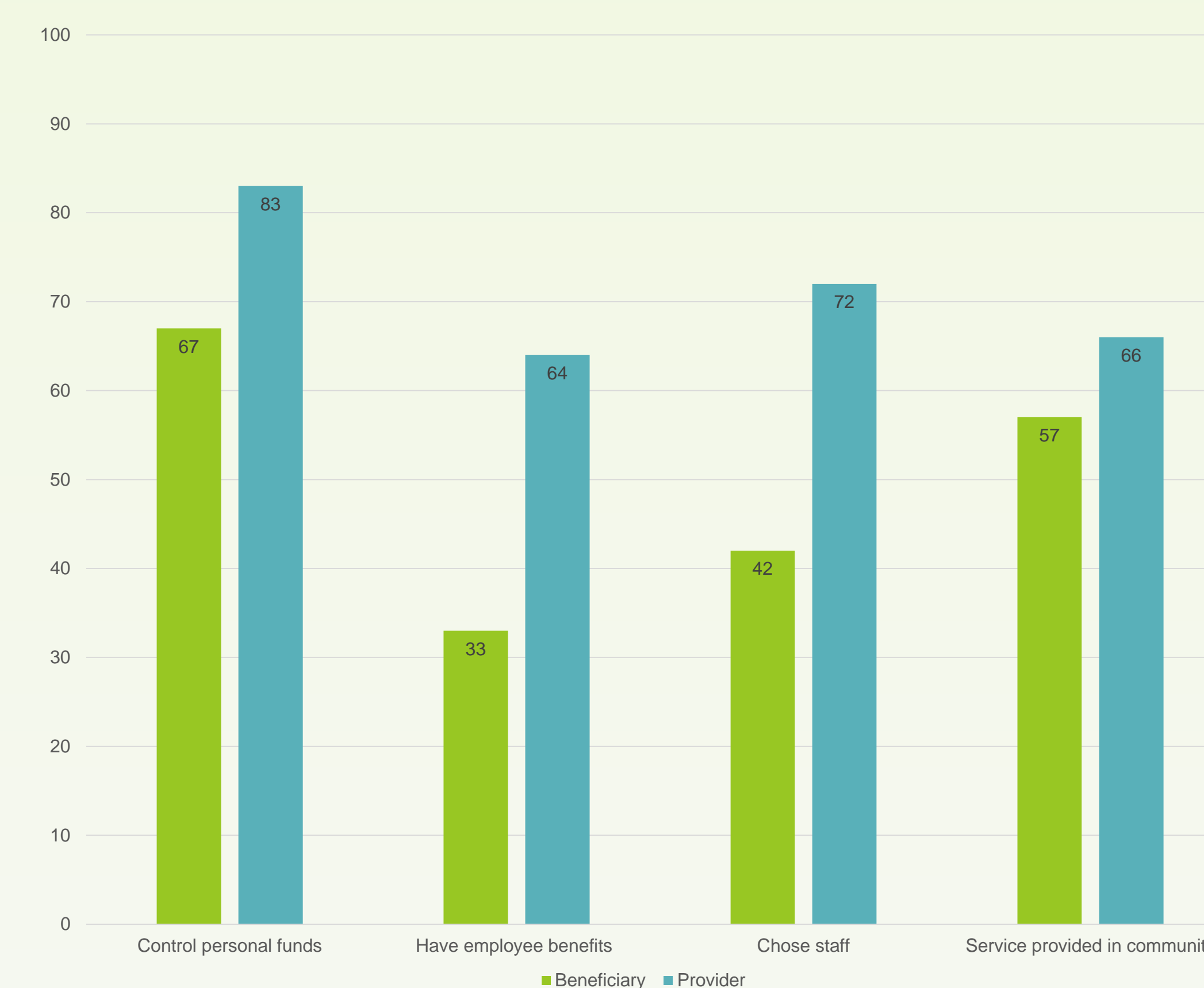
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| <b>Community Integration</b>                         | <b>Rights</b>                                     | <b>Privacy</b>  | <b>Choice and Control</b>  | <b>Freedom of Access</b>  |
| Individuals can fully participate in community life. | Individuals are treated with dignity and respect. | Individuals control when and with whom they want to share their personal space, conversations, and information. | Individuals can control their choices about where they receive their services, who provides their services, and how they want to spend their days, based on their own needs and preferences. | Individuals can access all areas of their home and community to the same extent that others without disabilities are able to. |

### Results

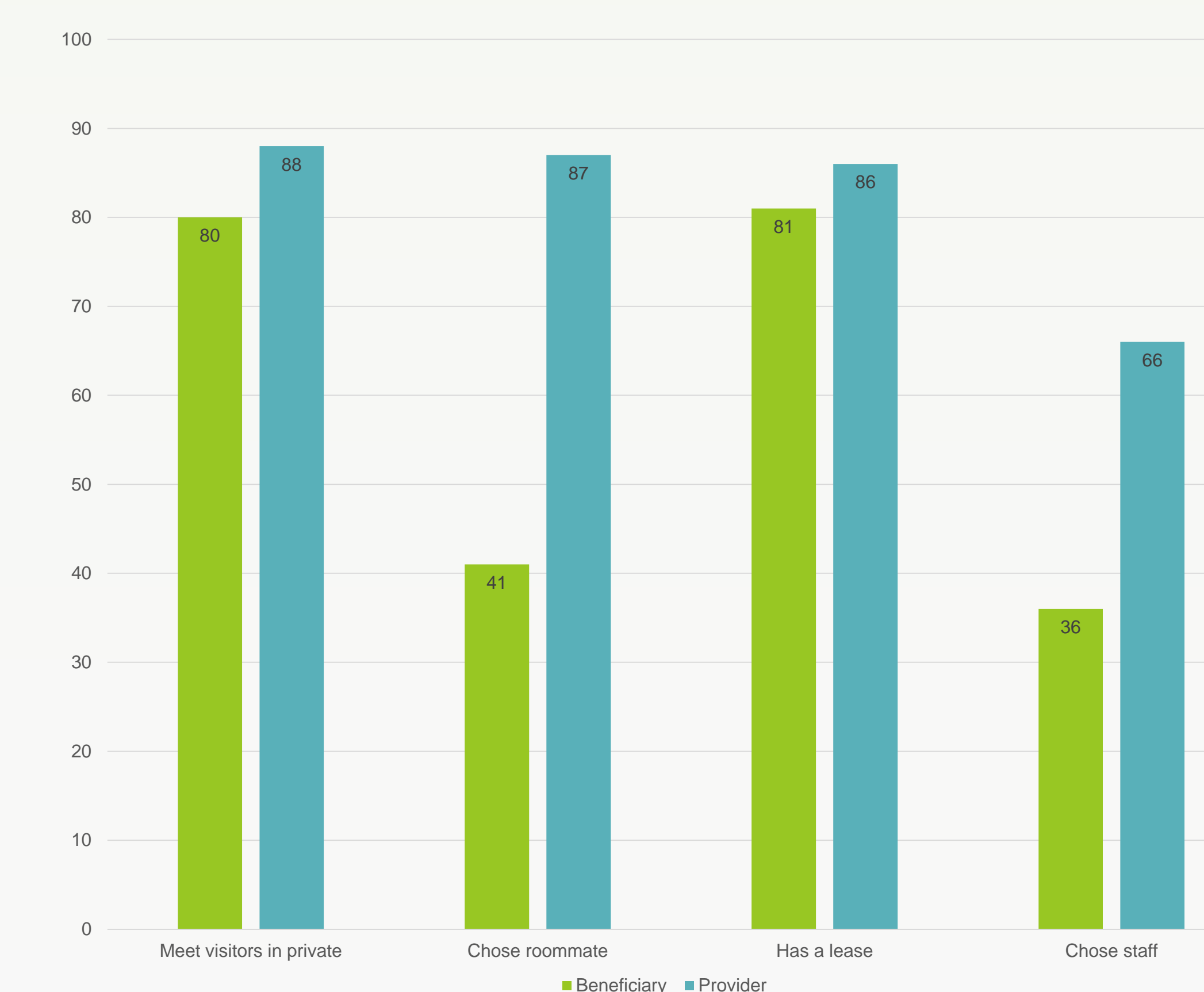
**Skill Building:**  
Beneficiary and Provider Perceptions



**Supported Employment:**  
Beneficiary and Provider Perceptions



**Community Living Supports:**  
Beneficiary and Provider Perceptions



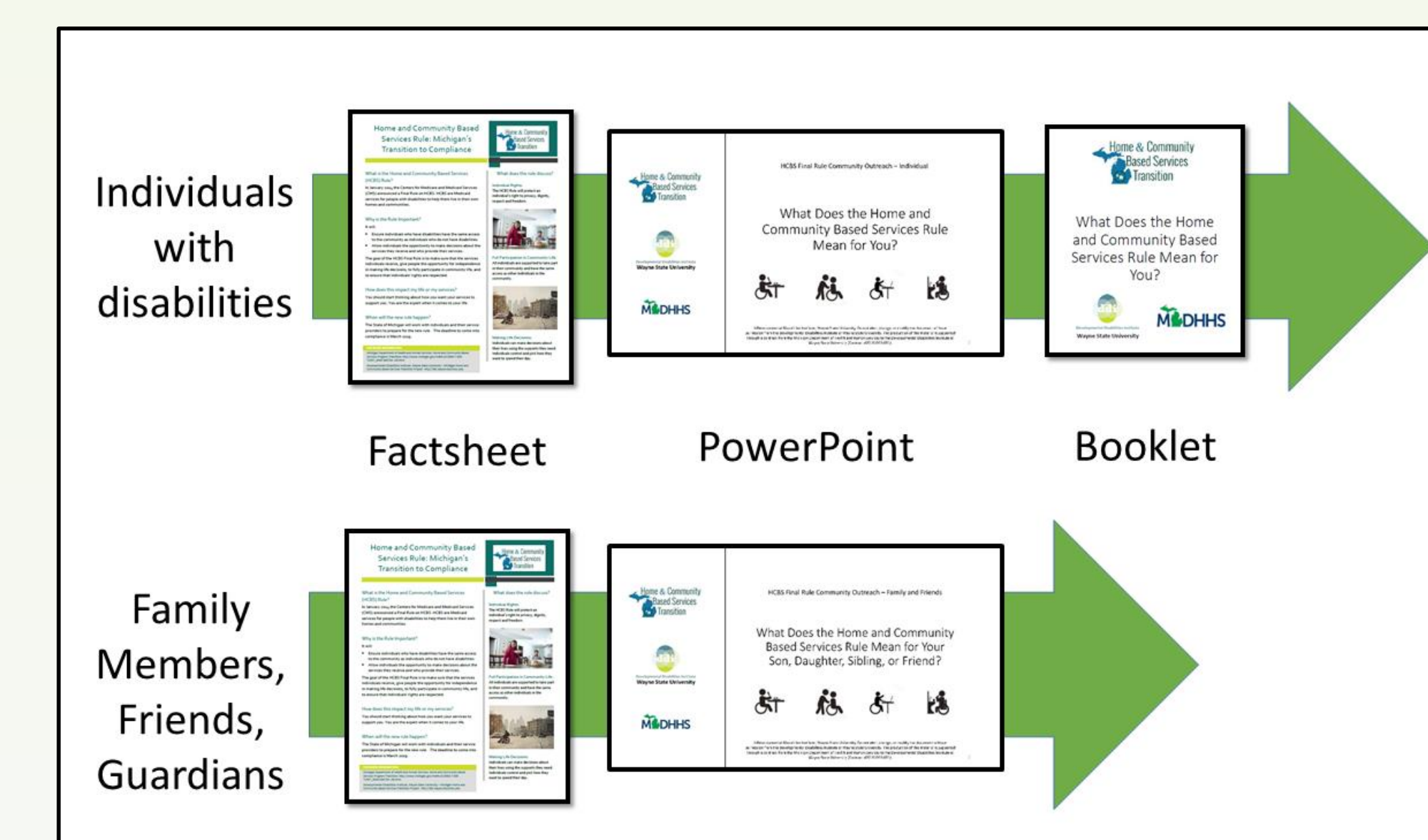
### HCBS Leads Training

- Moodle (Learning Management System) with resources and videos
- Monthly webinars via Zoom (Web-Conferencing Software)
- Bi-monthly Face-to-Face Meetings
- Direct Technical assistance

### Conclusion

The survey findings show there are marked discrepancies between the beneficiary and provider responses within two of the five domains: Rights and Choice/Control. Overall, the providers' perceptions were much more positive than those of the beneficiaries. In response to the survey findings, a series of educational materials were developed for beneficiaries and their families about the CMS' Rule on Home and Community Based Services.

### Education and Information Materials



### References

1. Centers for Medicare and Medicaid Services, Disabled and Elderly Health Programs Group, Center for Medicaid and CHIP Services (2014). Final Rule Medicaid HCBS. Baltimore, MD: Centers for Medicare and Medicaid Services.
2. Michigan Developmental Disabilities Institute. Michigan Home and Community Based Services. Retrieved from <http://ddi.wayne.edu/hcbs>.

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Behavioral Health and Developmental Disabilities Administration